



Delta Sigma Theta Sorority, Incorporated

POMPANO BEACH ALUMNAE CHAPTER

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December 4, 2009

Mr. Shelton D. O'Brien-Smith
Get Fit With Coach Smith Inc.
Deerfield Beach, Florida

Dear Mr. O'Brien-Smith,

The members of the Pompano Beach Alumnae Chapter of Delta Sigma Theta Sorority, Incorporated would like to express our deepest appreciation and gratitude to you for your participation in our event at the Boys and Girls Club on Monday, November 16, 2009.

Health and Wellness is one of our major programmatic thrust. Our organization's goal is to empower the citizens of our community to make better choices and to live healthier lives. Your presentation from the EDU-FITT Program on the proper diet, nutrition and the food pyramid will no doubt assist the students with making a positive change in their life. The tips on how to prevent childhood obesity with the exercises and the fitness games enabled them to take valuable lessons home to share with their parents. The response from the participants was great!

We salute you in all that you are doing in this arena. If we can ever be of any assistance to you and your organization, please do not hesitate to call us. Again, thank you for the excellent presentation.

Sincerely,

Elizabeth R. Massey
Chapter President

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